

Beautiful Me

Help children pick crayons or colored pencils that accurately show their skin, hair, and eye color, and draw themselves. Ask, "What makes you, you?" Around their drawing, help children write:

- Descriptions of their racial, ethnic, and/or cultural identity (for instance, "Japanese-American,"
 "Black," "White," "Jewish and Puerto Rican," "Mexican-American," "Brown," "Irish," Cherokee," or
 "a quarter Chinese, a quarter Filipina, half White");
- Words that describe their skin color (for instance, coffee, peach, pink, caramel, cinnamon, beige);
- The part of the world their family is from;
- and things they're good at or what makes them special.

